

## ***PINK EYE (CONJUNCTIVITIS)***

It has come to notice that Pink Eye (Bacterial/Viral Conjunctivitis) is rapidly spreading in our campus

### ***Symptoms of Conjunctivitis includes***



- Redness of Eyes
- Discharge from Eyes in morning
- Gritty Sensation of eyes/ irritation
- Pain
- Puffy Eyelids

### ***Precautions to Contain the Spread of Conjunctivitis***

1. ***Wash your hands*** frequently and thoroughly with soap especially in public places
2. Avoid ***rubbing or touching*** your face /eyes
3. ***Never share your personal Items*** like towels, handkerchiefs, pillows cover
4. ***Cover your face*** when coughing or sneezing
5. Change your ***pillow cases*** often
6. Keep your ***countertops, door knobs, sinks, faucets clean*** by cleaning with antiseptic cleaner
7. Do not share your ***eye drops or eye makeup***
8. ***Stop using contact lenses*** if you notice any symptoms
9. ***Avoid close contact*** with others if you are symptomatic and consult doctor immediately.