

THE SPIC MACAY EXPERIENCE

~स्विक मैके अनुभव~

Registration Deadline: 25th May 2020 | Anubhav Series: 1st June – 7th June 2020
Registration Link: <https://spicmacay.org/Convention/anubhav/registration>
For further details: <https://youtu.be/ynLpfP0Eo0o>



CONTINUOUSLY SPREADING POSITIVITY THROUGH OUR PRICELESS CULTURAL HERITAGE

SPIC MACAY
43 Years

1 June-7 June 2020

स्विक मैके अनुभव THE SPIC MACAY EXPERIENCE

A WEEK LONG ONLINE EXPERIENCE HELPING ALLEVIATE THE MENTAL STRESS CAUSED BY THE LOCK DOWN

MYSTICAL ABSTRACT SPIRITUAL INSPIRATIONAL

INDIAN CLASSICAL MUSIC
CINEMA CLASSIC
YOGA
HERITAGE WALK
LITERATURE
CRAFTS
THEATRE

INDIAN CLASSICAL DANCE
NAAD YOGA
TALKS
HOLISTIC FOOD
NATURE WALK
WORKSHOPS

STAY AT HOME

EXPERIENCE AN ASHRAM LIKE ATMOSPHERE AT HOME

Register at-<https://spicmacay.org/convention/anubhav/registration>
LAST DATE FOR REGISTERING: 25th May 2020

FOR FURTHER DETAILS CONTACT JAI 7060890830 RAHUL 9358318264 NIKHIL 7089496685 SANJANA 7990207171

For the past 43 years, SPIC MACAY has been striving tirelessly to enrich the quality of formal education among adolescents and youth by raising awareness about various aspects of Indian heritage and motivating young minds to imbibe the values contained therein.

During the current COVID-19 crisis, SPIC MACAY is making an effort to connect teenagers and youth online with the best of classical music, dance, and other art forms plus provide them a special creative experience. This special series of 'SPIC MACAY Anubhav' will be conducted from June 1st to 7th and will be streamed live on our YouTube channel (www.youtube.com/user/spicmacay)

Sitting at home yet in an ashram-like routine the adolescents and youth will get an opportunity to connect with some of the greatest 'Gurus' through various activities like Classical Music and Dance, Intensives, Workshops, Talks, Nad Yoga, Hatha Yoga, Theatre, a Cinema Classic, Folk Arts and Crafts, Heritage and Environmental interactions establishing a deep chord with Indian cultural heritage. Some of the renowned artists who are expected to participate in the SPIC MACAY Anubhav Series are as follows:

Padma Vibhushan Awardees: Pandit Shiv Kumar Sharma, Pandit Hariprasad Chaurasia, Ustad Amjad Ali Khan, Vidhushi Teejan Bai, and Vidushi Yamini Krishnamurthy.

Padma Bhushan Awardees: Pandit Rajan and Pandit Sajan Mishra, Shri M T Vasudevan Nair, Shri Ghulam Sheikh, Prof. T N Krishnan, Dr. Prabha Atre and Shri Javed Akhtar.

Padma Shri Awardees: Ustad Shahid Parvez, Pandit Venkatesh Kumar, Ustad Wasifuddin Dagar, Vidushi A. Kanyakumari, Smt. Shabana Azmi and Ustad Rashid Khan.

Please register yourselves before 20th May 2020 through the link, <https://spicmacay.org/Convention/anubhav/registration>, and book a spot for this unique cultural 'experience'. The select students will get the opportunity to participate in virtual workshops under the mentorship of 'Gurus'.

This program is open to students from all over the world. We can get whole schools registered (even 5000 students from a single school), but we must have 20 special names from each school. All students who register must have good internet connectivity at their homes, a desktop or laptop dedicated to their use for the one week, and also the support of their parents and a teacher (for school students).It will be a very rigorous program from 3.45 am to about 10 pm (almost continuously) for about one week with an overnight session on the 6th of June. All sessions must be attended. This may kindly be kept in mind by those registering.

Through this effort, we would like at least a handful of students to reach the summit of the inner Mount Everest. Many students will reach base 1. Some will reach base 2. Less will reach base 3.



SPIC MACAY Online Anubhav Series Tentative Schedule (1st-7th June 2020)

Day/Date	Time**	Programme
Monday 1st June	8:30-8:45am	Morning Inauguration
	8:45-1pm	Screening of Film The Making of The Mahatma Followed by Interaction with Sh. Shyam Benegal/ Sh. Rajit Kapur/ Smt. Pallavi Joshi
	2-4pm	Orientation
	4-5pm	Inaugural Ceremony PM/ Sh. Ravi Shankar Prasad/ Sh. Prahlad Singh Patel/ Prof. Manjul Bhargav
	6-7:15pm 7:15-8:30pm 8:30-9:45pm	Ust. Amjad Ali Khan Prof. T.N.Krishnan Pt. Hariprasad Chaurasia
Tuesday 2nd June	2-3:15pm	Vid. Parvathy Baul
	3:15-4:30pm	Vid. Teejan Bai
	6-7:30pm	Dr. L.Subramaniam
	7:30-9pm	Pt .Rajan & Sajan Mishra
Wednesday 3rd June	2-3:15pm	Sh. Murtaza Danish Hussain
	3:15-4:30pm	Sh. Ghulam Sheikh
	6-7:30pm	Sh. Guru Ghanakanta Bora
	7:30-9pm	Dr. N. Rajam
Thursday 4th June	2-3:30pm	Dr. Karan Singh
	3:30-5:00pm	Smt. Shabana Azmi & Sh.Javed Akhtar
	6-7:30pm	Vid. Yamini Krishnamurthy
	7:30-9pm	Dr.Prabha Atre
Friday 5th June		Music In Prayer
	2-2:45pm	Aao Naga Choir/CCM
	2.45-3:30pm	Bhai Alankar Singh
	3:30-4:30pm	Warsi Brothers
	6-7:30pm	Vid. A.Kanyakumari
	7:30-9pm	Ust. Rashid Khan
Saturday 6th June	2-4pm	Intensive Presentation (1 student per intensive. 2 minutes for student + 2 minutes for Guru)

	4-4:30pm	Yog Nidra
	4:30-7pm	Compulsory Sleep time
		Classical Overnight
	8-10pm	Pt. Shiv Kumar Sharma
	10-12am	Pt. Venkatesh Kumar
	12-2am	Vid. Kapila Venu
	2-4am	Ust. Shahid Parwez
	4-6am	Ust. Wasifuddin Dagar
Sunday 7th June	10-11:30am	Environmental Talk: Sh. Valmik Thapar
	2-5pm	Heritage Tour: Dr. Swapna Liddle/ Dr. Ramji Narayan
		All 5 days Schedule
2nd-6th June	4-5:30am	Meditation
	5:30-7am	Hath Yoga- Swami Devanand
	7-8:45am	Breakfast and Personal time
	9-12noon	Workshops
	12-1pm	Lunch Break (Except 1 st June lunch will be 1-2pm)
2nd-5th June	1:15-1:45	Yog Nidra
	5-6pm	Dinner (Except 6 th June dinner will be 7-8pm)
		Workshops
		8 Classical Dance Forms
		2 Carnatic Vocal
		2 Hindustani Vocal
		1 Dhrupad Vocal
		1 Koodiyattam
		10 Crafts
		1 Yoga
		1 Meditation

** There will be a tweaking of the schedule for North America, Europe, Australia and South East Asia using reruns of the programmes held according to the schedule given above

To know more about SPIC MACAY NIT Trichy & for further updates regarding events pertaining to our college, follow us on social media.

Check out SPIC MACAY NIT Trichy's Blog:

Medium: www.medium.com/spic-macay-nit-trichy-chapter

Read SPIC MACAY NIT Trichy Chapter's periodical, DHYUTI:
DHYUTI: Issue 1, April 2020 – www.issuu.com/dhyuti/docs/issue1

For more details about volunteering with SPIC MACAY visit:
www.spicmacay.org

Follow SPIC MACAY NIT Trichy Chapter for further updates.

